

OCTOBER 2023

Heritage Preparatory School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Mini Corn Dog Nuggets Baked Beans Fruit Option</p>	<p>3</p> <p>Taco Tuesday Beef Nachos con Queso Jalapenos/ Salsa Fruit Option</p>	<p>4</p> <p>Chicken Tenders Waffle Fries Fruit Option</p>	<p>5</p> <p>Baked Ziti w. Breadstick Steamed Broccoli Fruit Option</p>	<p>6</p> <p>Cheese or Pepperoni Pizza Carrots w. Ranch Fruit Option</p>
<p>9</p> <p>No School</p>	<p>10</p> <p>Beef Stew w. Biscuit Mixed Vegetables Fruit Option</p>	<p>11</p> <p>Early Release</p>	<p>12</p> <p>No School</p>	<p>13</p> <p>No School</p>
<p>16</p> <p>Mini Corn Dog Nuggets Baked Beans Fruit Option</p>	<p>17</p> <p>Taco Tuesday Beef Nachos con Queso Jalapenos/ Salsa Fruit Option</p>	<p>18</p> <p>Chicken Sandwich Waffle Fries Fruit Option</p>	<p>19</p> <p>Cheese or Pepperoni Pizza Carrots w. Ranch Fruit Option</p>	<p>20</p> <p>Crustless PBJ String Cheese Carrots w. Ranch Fruit Option Juice Box</p>
<p>23</p> <p>All Beef Hot Dog Baked Beans Fruit Option</p>	<p>24</p> <p>Jerk Chicken Black Beans w. Rice Fruit Option</p>	<p>25</p> <p>Boneless Wings Waffle Fries Fruit Option</p>	<p>26</p> <p>Penne Alfredo w. Breadstick Steamed Broccoli Fruit Option</p>	<p>27</p> <p>Cheese or Pepperoni Pizza Side Salad w. Ranch Fruit Option</p>
<p>30</p> <p>Mini Corn Dog Nuggets Baked Beans Fruit Option</p>	<p>31</p> <p>Taco Tuesday Beef Nachos con Queso Jalapenos/ Salsa Fruit Option</p>			

