

Choice of 1%, Chocolate or Strawberry Milk

Garden Dippers offered daily, includes 4 carrot sticks ¼ c, 2 broccoli florets ¼ c & 4 cherry tomatoes ¼ c w. ranch dip.

Side Salad includes 1 cup Romaine, 4 cherry tomatoes ¼ c, cucumbers 1/8c, shredded carrots 1/8c

**AUGUST 2023**

**New Harvest Christian Academy**

Mini Pancakes

Yogurt Cup 4oz

Applesauce ½ cup

Hash Browns 2pc ½ cup

Mini Pancakes

Yogurt Cup 4oz

Applesauce ½ cup

Hash Browns 2pc ½ cup

Cheese or

Pepperoni Pizza

 Side Salad 1 cup

Whole Fresh Fruit ½ cup

Chicken Tenders (3)

Waffle Fries ½ cup

Mandarin Oranges ½ cup

Tortellini Alfredo

Broccoli ½ cup

Fresh Sliced Fruit ½ cup

Fiestada Pizza

 Salsa ¼ cup

Black Beans ½ cup

Mixed Fruit Cup

6” Italian Sub

Carrots Sticks ½ cup

Sliced Cantaloupe ½ cup

Cheese or

Pepperoni Pizza

Side Salad 1 cup

Whole Fresh Fruit ½ cup

All Beef Hot Dog

Baked Beans ½ cup

Fresh Whole Fruit ½ cup

Pasta w. Meatsauce

Broccoli ½ cup

Fresh Sliced Fruit ½ cup

Chicken Tenders (3)

Waffle Fries ½ cup

Mandarin Oranges ½ cup

Cheese or

Pepperoni Pizza

 Side Salad 1 cup

Whole Fresh Fruit ½ cup

Chicken Tenders (3)

Waffle Fries ½ cup

Mandarin Oranges ½ cup

Chicken Tenders (3)

Waffle Fries ½ cup

Mandarin Oranges ½ cup

Homemade Lasagna

Broccoli ½ cup

Fresh Sliced Fruit ½ cup

All Beef Hot Dog

Baked Beans ½ cup

Fresh Whole Fruit ½ cup