

Choice of 1%, Chocolate or Strawberry Milk

Garden Dippers (¾c) offered daily, includes 4 carrot sticks ¼c, 2 broccoli florets ¼c & 4 cherry tomatoes ¼c w. ranch dip

**AUGUST 2023**

**Heritage Preparatory School**

Mini Pancakes

Yogurt Cup 4oz

Applesauce ½ cup

Hash Browns 2pc ½ cup

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Yogurt Cup 4oz

Applesauce ½ cup

Hash Browns 2pc ½ cup

Pepperoni Pizza

Sweet Corn ½ cup

Fresh Whole Fruit ½ cup

Chicken Tenders (3)

Waffle Fries ½ cup

Fresh Sliced Fruit ½ cup

Tortellini w. Alfredo

Broccoli ½ cup

Fresh Sliced Fruit ½ cup

Fiestada Pizza

Salsa ¼ cup

Black Beans ½ cup

Grapes ½ cup

6” Italian Sub

Carrots Sticks ½ cup

Raisins ½ cup

Cheese Pizza

Sweet Corn ½ cup

Fresh Whole Fruit ½ cup

Chicken Tenders (3)

Waffle Fries ½ cup

Fresh Sliced Fruit ½ cup

Pasta w. Meatsauce

Broccoli ½ cup

Fresh Sliced Apples ½ cup

All Beef Hot Dog

Baked Beans ½ cup

Fresh Whole Fruit ½ cup

All Beef Hot Dog

Baked Beans ½ cup

Fresh Whole Fruit ½ cup

Homemade Lasagna

Broccoli ½ cup

Fresh Sliced Apples ½ cup

Chicken Tenders (3)

Waffle Fries ½ cup

Fresh Sliced Fruit ½ cup